West Branch Elementary School
June 2017 Lunch Menu

Food Service Director: Tiffany English
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The Nutrition Group

Basil CHEF OF NUTRITION

What Makes a Meal?
You must choose at least 3 of 5 components available for the school lunch price.

Choice of Meat or Meat Alternate
Choice of Vegetable, Choice of Fruit*
Choice of Grain/Bread,
and Choice of Milk
Students must choose at least one fruit or vegetable

Calvin THE CALF

Fresh Fruits and Vegetables Offered Daily

*Vegetables may include:
Broccoli Florets
Baby Carrots
Dark Leafy Greens
Legume Salads
Celery & Cucumber
*May choose two 1/2 cup servings

*Fruits may include:
Crisp Apple
Sliced Peaches
Mixed Fruit
Fresh Orange
Banana
Pineapple Tidbits
Diced Pears
Applesauce
*May choose one 1/2 cup serving

MENUS SUBJECT TO CHANGE

Molly THE COW

Milk Choices Offered Daily
Fat Free Chocolate, Fat Free Strawberry, Fat Free White and Low Fat White

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Weekly Choices
		Join us June 6th for our cookout complete with a snow cone stand featuring Warrior flavors	1 BBQ Pulled Pork Steamed Peas Mandarin Oranges Fat Free Milk	2 Cheese Pizza Steamed Broccoli Applesauce Fat Free Milk	Week 1 Chef Salad with Roll Peanut Butter and Jelly Sandwich
5 Cook's Choice Peas Applesauce Fat Free Milk	6 **Cookout** Hamburgers or Hot Dogs on the Grill Baked Beans Sliced Watermelon Fat Free Milk **Snow Cone Stand**	7 Cook's Choice Broccoli Mandarin Oranges Fat Free Milk	8 **PICNIC DAY** Ham and Cheese Sub or Turkey and Cheese Sub Fresh Veggies Fresh Fruit Fat Free Milk **Pack Your Bag and Eat Outside!**	9 Last Day of School No Lunch Served	Week 2 Peanut Butter and Jelly Sandwich Turkey and Cheese Sandwich

Whole Grains Available Daily

USDA does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE

Lunch Prices:
Paid $2.05
Reduced $.40