









# West Branch Area JR/SR High School

## January 2017



Food Service Director: Tiffany English [tenglish@westbranch.org](mailto:tenglish@westbranch.org)  
814-345-5627 x3851

	Monday	Tuesday	Wednesday	Thursday	Friday
 <p>Items offered will vary daily Chicken Patty Sandwich Popcorn Chicken Basket Spicy Chicken Patty Sandwich Hamburger on a Bun Stromboli</p>	2 No School   <b>Whole Grains Available Daily</b>	3 Chicken Nuggets Dinner Roll Oven Baked Fries Baked Beans Applesauce Fat Free Milk	4 Pepperoni Pizza Green Beans Apple Delight Fat Free Milk	5 Grilled Cheese Sandwich Tomato Soup Peas Mandarin Oranges Fat Free Milk	6 Popcorn Chicken Bowl Sliced Bread Mashed Potatoes Corn Pineapple Tidbits Fat Free Milk
 <p>Chicken Salad Chef Salad</p>	9 Pierogis Sliced Bread Steamed Peas Pineapple Tidbits Fat Free Milk  <b>STUDENTS CHOICE</b>	10 Ham and Cheese Panini Steamed Broccoli Applesauce Fat Free Milk	11 Savory Ham Pot Pie Green Beans Peaches Fat Free Milk  	12 <b>Breakfast for Lunch</b> French Toast Sticks Sausage Patty Tater Tots Mandarin Oranges Fat Free Milk	13 Walking Taco Dinner Roll Refried Beans Corn Spiced Apples Fat Free Milk
 <p>Featured Daily: Mozzarella Cheese Pizza</p> <p>Featured Various Friday's: Hot Buffalo Chicken Pizza Mexican Pizza Chicken Bacon Ranch Pizza</p>	16 No School	17 Popcorn Chicken Buttered Noodles Green Beans Applesauce Fat Free Milk  <b>STUDENTS CHOICE</b>	18 Beef Nacho's w/ Cheese Sliced Bread Corn Mandarin Oranges Fat Free Milk	19 Pulled Pork BBQ Sandwich Baked Beans Apple Delight Fat Free Milk	20 Buffalo Chicken Pizza Steamed Broccoli Pineapple Tidbits Fat Free Milk
 <p>A wide variety of sandwiches, wraps, specialty salads and yogurt parfaits are available daily!</p>	23 Chicken Nuggets Oven Baked Fries Baked Beans Applesauce Fat Free Milk	24 Open Face Pizza Burger Green Beans Peaches Fat Free Milk	25 Pasta Bar with Choice of Chicken Alfredo or Meat Sauce Garlic Breadstick Tossed Salad Mandarin Oranges Fat Free Milk	26 <b>CHINESE NEW YEAR CELEBRATION</b> General Tso's Chicken over Rice Steamed Broccoli Fortune Cookie Pineapple Tidbits Fat Free Milk	27 No School
 <p>Oven Roasted Turkey and Cheese Sub Ham &amp; Cheese Sub</p>	30 Macaroni and Cheese Dinner Roll Stewed Tomatoes Applesauce Fat Free Milk	31 Grilled Cheese Sandwich Tomato Soup Green beans Mandarin Oranges Fat Free Milk	 <p>Purchase a lunch during our Chinese New Year Celebration to be entered into a prize drawing</p>	Now HIRING Cafeteria Substitute positions! Please pick up an application in the cafeteria office or email a letter of interest to <a href="mailto:Tenglish@westbranch.org">Tenglish@westbranch.org</a>	



\*Must take at least one 1/2 cup of fruit or vegetable

\*Vegetable Bar includes:

Broccoli Florets  
Baby Carrots  
Dark Leafy Greens  
Legume Salads  
Celery & Cucumber

\*Fruits include:

Crisp Apple  
Sliced Peaches  
Mixed Fruit  
Fresh Orange  
Banana  
Pineapple Tidbits  
Diced Pears  
Applesauce



Recipe of the Month



Milk Choices Offered Daily:

1% white, non-fat white, non-fat flavored



**Lunch Prices: Paid \$2.15 Reduced \$.40**

The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE

**MENUS SUBJECT TO CHANGE**