

West Branch Jr/Sr High School Breakfast Menu December 2016

Food Service Director: Tiffany English
tenglish@WestBranch.org
814-345-5616 x3851



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>Whole Grains Available Daily</p> <p><i>MENUS SUBJECT TO CHANGE</i></p>	<p>Don't forget to visit our 2nd chance breakfast cart between 1st and 2nd period COMING SOON Second location for our 2nd chance breakfast located in the back hall</p>		<p>1 Egg and Cheese Muffin or Assorted Whole Grain Cereal w/ Animal Crackers Chilled Juice or Fruit Low Fat Milk</p>	<p>2 Apple Pie Smoothie or Assorted Whole Grain Cereal w/ Animal Crackers Chilled Juice or Fruit Low Fat Milk</p>
<p>5 Assorted Bagels or Assorted Whole Grain Cereal w/ Animal Crackers Chilled Juice or Fruit Low Fat Milk</p>	<p>6 Breakfast Pizza or Assorted Whole Grain Cereal w/ Animal Crackers Chilled Juice or Fruit Low Fat Milk</p>	<p>7 Sausage, Egg, and Cheese Muffin or Assorted Whole Grain Cereal w/ Animal Crackers Chilled Juice or Fruit Low Fat Milk</p>	<p>8 Ham, Egg, and Cheese Muffin or Assorted Whole Grain Cereal w/ Animal Crackers Chilled Juice or Fruit Low Fat Milk</p>	<p>9 Apple Pie Smoothie or Assorted Whole Grain Cereal w/ Animal Crackers Chilled Juice or Fruit Low Fat Milk</p>
<p>12 Grab n Go Mini Pancakes Assorted Whole Grain Cereal w/ Animal Crackers Chilled Juice or Fruit Low Fat Milk</p>	<p>13 Breakfast Pizza or Assorted Whole Grain Cereal w/ Animal Crackers Chilled Juice or Fruit Low Fat Milk</p>	<p>14 Breakfast Tacos or Assorted Whole Grain Cereal w/ Animal Crackers Chilled Juice or Fruit Low Fat Milk</p>	<p>15 Egg and Cheese Muffin or Assorted Whole Grain Cereal w/ Animal Crackers Chilled Juice or Fruit Low Fat Milk</p>	<p>16 Apple Pie Smoothie or Assorted Whole Grain Cereal w/ Animal Crackers Chilled Juice or Fruit Low Fat Milk</p>
<p>19 Assorted Bagels or Assorted Whole Grain Cereal w/ Animal Crackers Chilled Juice or Fruit Low Fat Milk</p>	<p>20 Breakfast Pizza or Assorted Whole Grain Cereal w/ Animal Crackers Chilled Juice or Fruit Low Fat Milk</p>	<p>21 Sausage, Egg, and Cheese Muffin or Assorted Whole Grain Cereal w/ Animal Crackers Chilled Juice or Fruit Low Fat Milk</p>	<p>22 Pancake Sausage Wrap or Assorted Whole Grain Cereal w/ Animal Crackers Chilled Juice or Fruit Low Fat Milk</p>	<p>23 No School </p>
<p>26 No School</p>	<p>27 No School</p>	<p>28 No School</p>	<p>29 No School</p>	<p>30 No School</p>

What Makes a Breakfast Meal?

You must choose at least 3 of 4 components available for the school breakfast price.

Entrée, 1 Cup Fruit, and 1/2 Pint Milk

Alternate Options May Include:

Banana or Blueberry Muffins
Chocolate Chip Oatmeal Breakfast Bar
Fortified Breakfast Pastries
Warm Bagels
Yogurt & Animal Crackers

Variety of Fresh Fruit, 100% Fruit Juice and Canned Fruits available daily.



Milk Choices Offered Daily

Fat Free Chocolate, Fat Free Strawberry,
Fat Free White and Low Fat White

Proud to manage your
food service program



Meal Prices:
Paid \$1.00
Reduced \$.30

The USDA does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE