West Branch Jr/Sr High School Breakfast Menu May 2017

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
1 Assorted Bagels or Assorted Whole Grain Cereal w/ Mini Pancake Chilled Juice or Fruit Low Fat Milk	2 Breakfast Pizza or Assorted Whole Grain Cereal w/ Mini Pancake Chilled Juice or Fruit Low Fat Milk	3 Breakfast Tacos or Assorted Whole Grain Cereal w/ Mini Pancake Chilled Juice or Fruit Low Fat Milk	4 Bacon, Egg, and Cheese Muffin or Assorted Whole Grain Cereal w/ Mini Pancake Chilled Juice or Fruit Low Fat Milk	5 Blueberry Smoothie or Assorted Whole Grain Cereal w/ Mini Pancake Chilled Juice or Fruit Low Fat Milk	What Makes a Breakfast Meal? You must choose at least 3 of 4 components available for the school breakfast price. Entrée, 1 Cup Fruit, and 1/2 Pint Milk Alternate Options May Include: Banana or Blueberry Muffins
8 Assorted Bagels or Assorted Whole Grain Cereal w/ Mini Pancake Chilled Juice or Fruit Low Fat Milk	9 Breakfast Pizza or Assorted Whole Grain Cereal w/ Mini Pancake Chilled Juice or Fruit Low Fat Milk Breakfast Pizza or	10 Sausage, Egg, and Cheese Bagel Sandwich or Assorted Whole Grain Cereal w/ Mini Pancake Chilled Juice or Fruit Low Fat Milk	11 Ham, Egg, and Cheese Muffin or Assorted Whole Grain Cereal w/ Mini Pancake Chilled Juice or Fruit Low Fat Milk	12 Strawberry Smoothie or Assorted Whole Grain Cereal w/ Mini Pancake Chilled Juice or Fruit Low Fat Milk Strawberry Sm	Chocolate Chip Oatmeal Breakfast Bar Fortified Breakfast Pastries Warm Bagels Yogurt & Animal Crackers Variety of Fresh Fruit, 100% Fruit Juice and Canned Fruits available daily.
15 Breakfast Tacos or Assorted Whole Grain Cereal w/ Mini Pancake Chilled Juice or Fruit Low Fat Milk	16 Breakfast Pizza or Assorted Whole Grain Cereal w/ Mini Pancake Chilled Juice or Fruit Low Fat Milk	17 Minni Cnni's or Whole Grain Cereal w/ Mini Pancake Chilled Juice or Fruit Low Fat Milk	18 Egg and Cheese Muffin or Assorted Whole Grain Cereal w/ Mini Pancake Chilled Juice or Fruit Low Fat Milk	19 Funnel Cake or Assorted Whole Grain Cereal w/ Mini Pancake Chilled Juice or Fruit Low Fat Milk	Milk Choices Offered Daily Fat Free Chocolate, Fat Free Strawberry,
22 Assorted Bagels or Assorted Whole Grain Cereal w/ Mini Pancake Chilled Juice or Fruit Low Fat Milk	23 Breakfast Pizza or Assorted Whole Grain Cereal w/ Mini Pancake Chilled Juice or Fruit Low Fat Milk	24 Sausage, Egg, and Cheese Muffin Sandwich or Assorted Whole Grain Cereal w/ Mini Pancake Chilled Juice or Fruit Low Fat Milk	25 Pancake Sausage Wrap or Assorted Whole Grain Cereal w/ Mini Pancakes Chilled Juice or Fruit Low Fat Milk	26 Cook's Choice or Assorted Whole Grain Cereal w/ Mini Pancake Chilled Juice or Fruit Low Fat Milk	Fat Free White and Low Fat White Proud to manage your food service program
29 No School	30 Breakfast Pizza or Assorted Whole Grain Cereal w/ Mini Pancake Chilled Juice or Fruit Low Fat Milk	31 Sausage, Egg, and Cheese Bagel Sandwich or Assorted Whole Grain Cereal w/ Mini Pancake Chilled Juice or Fruit Low Fat Milk		Whole Grains Available Daily MENUS SUBJECT TO CHANGE	Meal Prices: Paid \$1.00 Reduced \$.30 The USDA does not discriminate on the basis of age, race, color, national or

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