

West Branch Elementary School

May 2017 Lunch Menu

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What Makes a Meal?

You must choose at least 3 of 5 components available for the school lunch price.

- Choice of Meat or Meat Alternate
- Choice of Vegetable, Choice of Fruit*
- Choice of Grain/Bread,
- and Choice of Milk

*Students must choose at least one fruit or vegetable



Fresh Fruits and Vegetables Offered Daily

*Vegetables may include:
 Broccoli Florets
 Baby Carrots
 Dark Leafy Greens
 Legume Salads
 Celery & Cucumber
 *May choose two 1/2 cup servings


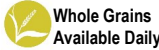
*Fruits may include:
 Crisp Apple
 Sliced Peaches
 Mixed Fruit
 Fresh Orange
 Banana
 Pineapple Tidbits
 Diced Pears
 Applesauce
 *May choose one 1/2 cup serving

MENUS SUBJECT TO CHANGE



Milk Choices Offered Daily

Fat Free Chocolate, Fat Free Strawberry,
 Fat Free White and Low Fat White

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Weekly Choices
1	French Toast Sticks Sausage Patty Tater Tots Applesauce Fat Free Milk	2 Twin Taco's Sliced Bread Corn Refried Beans Mandarin Oranges Fat Free Milk	3 Grilled Cheese Sandwich Tomato Soup Peas Spiced Apples Fat Free Milk	4  Han Burger on a Bun Boba Baked Beans Finn Fries Padawan Pineapple Tidbits Light Sabers Bantha Milk	5 Cheese Pizza Steamed Broccoli Raspberry Applesauce Fat Free Milk	Week 1 Chef Salad with Roll Peanut Butter and Jelly Sandwich Nachos & Cheese Munchables
8	Macaroni and Cheese Sliced Bread Peas Applesauce Fat Free Milk	9 Walking Taco Dinner Roll Corn Spiced Apples Fat Free Milk	10 Chicken Patty or Corn Dogs Oven Baked Fries Baked Beans Pineapple Tidbits Fat Free Milk	11 Popcorn Chicken Dinner Roll Mashed Potatoes Mandarin Oranges Fat Free Milk	12 Italian Dunkers Marinara Sauce Cheesy Broccoli Applesauce Fat Free Milk	Week 2 Peanut Butter and Jelly Sandwich Turkey and Cheese Sandwich Chicken Nugget
15	Cheese Pizza Peas Mandarin Oranges Fat Free Milk	16 Chicken Nuggets Sliced Bread Honey Glazed Carrots Applesauce Fat Free Milk	17 Spaghetti w/ Meat Sauce Garlic Breadstick Cheesy Broccoli Spiced Apples Fat Free Milk	18 Nacho's with Beef and Cheese Sliced Bread Corn Pineapple Tidbits Fat Free Milk	19 Cookout Hamburger or Hot Dog on the Grill Baked Beans Fruit Salad Fat Free Milk Snow Cone Stand	Week 3 Chef Salad with Roll Peanut Butter and Jelly Sandwich Pizza Dipper Munchables
22	French Toast Sticks Sausage Patty Tater Tots Mandarin Oranges Fat Free Milk	23 Popcorn Chicken Dinner Roll Baked Beans Spiced Apples Fat Free Milk	24 Choice of Turkey and Cheese or Ham and Cheese Sandwiches Fresh Veggies Fresh Fruit Fat Free Milk	25 Grilled Cheese Sandwich Tomato Soup Peas Pineapple Tidbits Fat Free Milk	26 Italian Dunkers Marinara Sauce Steamed Carrots Applesauce Fat Free Milk	Week 4 Ham and Cheese Sandwich Peanut Butter and Jelly Sandwich Chicken Nugget Munchables
29	No School	30 Chicken Nuggets Sliced Bread Honey Glazed Carrots Applesauce Fat Free Milk	31 Meatball Sub Baked Beans Oven Baked Fries Pineapple Tidbits Fat Free Milk Sundae Bar	Join us May 19th for our cookout complete with a snow cone stand featuring Warrior flavors	USDA does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE	Week 5 Chef Salad with Roll Peanut Butter and Jelly Sandwich Nachos & Cheese Munchables
				6th Grade Sundae Bar on May 31st. Anyone who purchases a lunch will be able to make their own sundae.		Lunch Prices: Paid \$2.05 Reduced \$.40