

West Branch Area JR/SR High School

April 2017



Food Service Director: Tiffany English tenglish@westbranch.org
814-345-5627 x3851

	Monday	Tuesday	Wednesday	Thursday	Friday
 <p>The Grille</p> <p>Items offered will vary daily Chicken Patty Sandwich Spicy Chicken Patty Sandwich Hamburger on a Bun Friday's During Lent Fish Sandwich</p>	3 General Tso's Chicken over Rice Seasonal Mixed Veggies Pineapple Tidbits Fat Free Milk	4 Buffalo Chicken Pizza Green Beans Applesauce Chocolate Chip Cookie Fat Free Milk	5 Walking Taco Dinner Roll Refried Beans Corn Spiced Apples Fat Free Milk	6 Breakfast for Lunch Pancakes Sausage Patties Tater Tots Mandarin Oranges Fat Free Milk	7 Grilled Cheese Sandwich Tomato Soup Peas Mandarin Oranges Fat Free Milk
 <p>The Garden</p> <p>Chicken Salad Chef Salad</p>	10 Popcorn Chicken Bowl Sliced Bread Mashed Potatoes Corn Pineapple Tidbits Fat Free Milk	11 Chicken Cordon Bleu Sandwich Roasted Chickpeas Tater Tots Mandarin Oranges Fat Free Milk	12 Pasta Bar with Choice of Chicken Alfredo or Meat Sauce Garlic Breadstick Tossed Salad Sliced Peaches Fat Free Milk	13 Oven Baked Ham Dinner Roll Candied Yams Green Beans Jello Cake Applesauce Fat Free Milk	14 No School
 <p>The Pizzeria</p> <p>Featured Daily: Mozzarella Cheese Pizza</p> <p>Featured Various Friday's: Hot Buffalo Chicken Pizza Mexican Pizza Chicken Bacon Ranch Pizza</p>	17 Orange Chicken Bowl Steamed Rice Broccoli Mandarin Oranges Fat Free Milk	18 Turkey and Cheese Sandwich Vegetable Soup Applesauce Fat Free Milk	19 Veggie Lasagna Garlic Breadstick Fresh Vegetables Sliced Peaches Fat Free Milk	20 Pepperoni & Cheese Panini Honey Glazed Carrots Apple Delight Fat Free Milk	21 Burrito Bowl Steamed Rice Dinner Roll Black Beans Broccoli Pineapple Tidbits Fat Free Milk
 <p>Grab & Go</p> <p>A wide variety of sandwiches, wraps, specialty salads and yogurt parfaits are available daily!</p>	24 Grilled Cheese Sandwich Tomato Soup Peas Mandarin Oranges Fat Free Milk	25 Beef and Cheese Nacho's Sliced Bread Corn Refried Beans Applesauce Fat Free Milk	26 National Pretzel Day Hot Ham and Cheese on a Pretzel Roll Green Beans Apple Delight Fat Free Milk	27 Breakfast for Lunch Pancakes Sausage Patties Tater Tots Mandarin Oranges Fat Free Milk	28 Hot Pork Sandwich with Gravy Mashed Potatoes Pineapple Tidbits Fat Free Milk
 <p>The Deli</p> <p>Oven Roasted Turkey and Cheese Sub Ham & Cheese Sub</p>		 <p>Whole Grains Available Daily</p>			

Accompaniments

*Must take at least one 1/2 cup of fruit or vegetable

*Vegetable Bar includes:

Broccoli Florets
Baby Carrots
Dark Leafy Greens
Legume Salads
Celery & Cucumber

*Fruits include:

Crisp Apple
Sliced Peaches
Mixed Fruit
Fresh Orange
Banana
Pineapple Tidbits
Diced Pears
Applesauce



Recipe of the Month



Milk Choices Offered Daily:
1% white, non-fat white, non-fat flavored



Lunch Prices: Paid \$2.15 Reduced \$.40

The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE

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