## West Branch Jr/Sr High School Breakfast Menu April 2017

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Assorted Bagels or Assorted Whole Grain Cereal w/ Mini Pancake Chilled Juice or Fruit Low Fat Milk	4 Breakfast Pizza or Assorted Whole Grain Cereal w/ Mini Pancake Chilled Juice or Fruit Low Fat Milk	5 Breakfast Tacos or Assorted Whole Grain Cereal w/ Mini Pancake Chilled Juice or Fruit Low Fat Milk	6 Bacon, Egg, and Cheese Muffin or Assorted Whole Grain Cereal w/ Mini Pancake Chilled Juice or Fruit Low Fat Milk	7 Blueberry Smoothie or Assorted Whole Grain Cereal w/ Mini Pancake Chilled Juice or Fruit Low Fat Milk
10 Assorted Bagels or Assorted Whole Grain Cereal w/ Mini Pancake Chilled Juice or Fruit Low Fat Milk	11 Breakfast Pizza or Assorted Whole Grain Cereal w/ Mini Pancake Chilled Juice or Fruit Low Fat Milk Breakfast Pizza or	12 Sausage, Egg, and Cheese Griddle Sandwich or Assorted Whole Grain Cereal w/ Mini Pancake Chilled Juice or Fruit Low Fat Milk	13 Ham, Egg, and Cheese Muffin or Assorted Whole Grain Cereal w/ Mini Pancake Chilled Juice or Fruit Low Fat Milk	14 No School
17 Minni Cinnis or Assorted Whole Grain Cereal w/ Mini Pancake Chilled Juice or Fruit Low Fat Milk	18 Breakfast Pizza or Assorted Whole Grain Cereal w/ Mini Pancake Chilled Juice or Fruit Low Fat Milk	19 Breakfast Tacos or Assorted Whole Grain Cereal w/ Mini Pancake Chilled Juice or Fruit Low Fat Milk	20 Egg and Cheese Muffin or Assorted Whole Grain Cereal w/ Mini Pancake Chilled Juice or Fruit Low Fat Milk	21 Peach Mango Smoothie or Assorted Whole Grain Cereal w/ Mini Pancake Chilled Juice or Fruit Low Fat Milk
24 Assorted Bagels or Assorted Whole Grain Cereal w/ Mini Pancake Chilled Juice or Fruit Low Fat Milk	25 Breakfast Pizza or Assorted Whole Grain Cereal w/ Mini Pancake Chilled Juice or Fruit Low Fat Milk	26 Sausage, Egg, and Cheese Griddle Sandwich or Assorted Whole Grain Cereal w/ Mini Pancake Chilled Juice or Fruit Low Fat Milk	27 Pancake Sausage Wrap or Assorted Whole Grain Cereal w/ Mini Pancakes Chilled Juice or Fruit Low Fat Milk	28 Orange Cream Smoothie or Assorted Whole Grain Cereal w/ Mini Pancake Chilled Juice or Fruit Low Fat Milk
Whole Grains Available Daily  MENUS SUBJECT TO CHANGE				

## What Makes a Breakfast Meal?

You must choose at least 3 of 4 components available for the school breakfast price.

Entrée, 1 Cup Fruit, and 1/2 Pint Milk

Alternate Options May Include:
Banana or Blueberry Muffins
Chocolate Chip Oatmeal Breakfast Bar
Fortified Breakfast Pastries
Warm Bagels
Yogurt & Animal Crackers

Variety of Fresh Fruit, 100% Fruit Juice and Canned Fruits available daily.



## Milk Choices Offered Daily

Fat Free Chocolate, Fat Free Strawberry, Fat Free White and Low Fat White





Meal Prices: Paid \$1.00 Reduced \$.30

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