

West Branch Elementary School

April 2017 Lunch Menu

Food Service Director: Tiffany English
 tenglish@westbranch.org
 814-345-5616 x 3851



What Makes a Meal?

You must choose at least 3 of 5 components available for the school lunch price.

Choice of Meat or Meat Alternate
 Choice of Vegetable, Choice of Fruit*
 Choice of Grain/Bread,
 and Choice of Milk

*Students must choose at least one fruit or vegetable



Fresh Fruits and Vegetables Offered Daily

*Vegetables may include:
 Broccoli Florets
 Baby Carrots
 Dark Leafy Greens
 Legume Salads
 Celery & Cucumber
 *May choose two 1/2 cup servings


*Fruits may include:
 Crisp Apple
 Sliced Peaches
 Mixed Fruit
 Fresh Orange
 Banana
 Pineapple Tidbits
 Diced Pears
 Applesauce
 *May choose one 1/2 cup serving

MENUS SUBJECT TO CHANGE



Milk Choices Offered Daily

Fat Free Chocolate, Fat Free Strawberry,
 Fat Free White and Low Fat White

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Weekly Choices
3 Ham and Cheese Sandwich Vegetable Soup Applesauce Fat Free Milk	4 Popcorn Chicken Dinner Roll Honey Glazed Carrots Baked Beans Mandarin Oranges Fat Free Milk	5 Chicken Patty Oven Baked Fries Pineapple Tidbits Fat Free Milk	6 Oven Baked Ham Dinner Roll Candied Yams Green Beans Spiced Apples Jello Cake Fat Free Milk	7 Cheese Pizza Steamed Broccoli Applesauce Fat Free Milk	Week 1 Chef Salad with Roll Peanut Butter and Jelly Sandwich Nachos & Cheese Munchables
10 Italian Dunkers Marinara Sauce Steamed Peas Spiced Apples Fat Free Milk	11 French Toast Sticks Sausage Patty Tater Tots Mandarin Oranges Fat Free Milk	12 National Grilled Cheese Day Grilled Cheese Sandwich Tomato Soup Green Beans Chickpea and Tomato Salad Applesauce Fat Free Milk 	13 Beach Day Seashells w/ Meat Sauce Boogie Board Breadstick Poolside Salad Bar Pineapple Under the Sea Ocean Blue Jello Fat Free Mussel Milk	14 No School	Week 2 Peanut Butter and Jelly Sandwich Turkey and Cheese Sandwich Chicken Nugget Munchables
17 Hot Dog on a Bun Tater Tots Mandarin Oranges Fat Free Milk	18 Popcorn Chicken Sliced Bread Honey Glazed Carrots Applesauce Fat Free Milk	19 Walking Taco Dinner Roll Corn Refried Beans Spiced Apples Fat Free Milk	20 Cheeseburger on a Bun Oven Baked Fries Pineapple Tidbits Fat Free Milk	21 Cheese Pizza Steamed Broccoli Raspberry Applesauce Fat Free Milk	Week 3 Chef Salad with Roll Peanut Butter and Jelly Sandwich Pizza Dipper Munchables
24 Corn Dog on a Stick Steamed Peas Applesauce Fat Free Milk	25 Nacho's with Beef and Cheese Steamed Rice Fresh Veggies Pineapple Tidbits Fat Free Milk	26 National Pretzel Day Ham & Cheese Pretzel Melt Seasoned Green Beans Fruit Punch Applesauce Fat Free Milk	27 Popcorn Chicken Dinner Roll Baked Beans Cheesy Broccoli Spiced Apples Fat Free Milk	28 Italian Dunkers Marinara Sauce Steamed Carrots Mandarin Oranges Fat Free Milk	Week 4 Ham and Cheese Sandwich Peanut Butter and Jelly Sandwich Chicken Nugget Munchables
	Join us for a Beach Day April 13th! Every lunch purchased will have a chance to win a Summertime Prize			USDA does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE	Lunch Prices: Paid \$2.05 Reduced \$.40
					